

July 20

11:00 h Go to the reservoir

KAYAKING DAY

All-day kayaking

- * Pick-up from Lodge
- * Beginning day: reflection, announcements, ...
- * Short walk to the village where a private bus picks us up.
- * Swim and chill
- * Games at the reservoir
- * Swim and chill
- * Lunch at a local restaurant

18:00 h Return to Lodge

10:00 h Breakfast in town

- * Shower and free time
- * Dinner at Lodge
- * Evening Gathering

July 21

CULTURAL DAY

- * Breakfast at Lodge
- * Start the day: reflection, announcements, ...
- * Free time
- * Meals at Lodge



- * Sunset on the beach
- * Dinner at a restaurant in Comillas
- * Return to the Lodge
- * Evening Gathering

Visit the town of
Comillas. Capricho
de Gaudí

July 22 and 23

ADVENTURE DAYS

- * Breakfast at Lodge
- * Start the day: reflection, announcements, ...
- * ADVENTURE ACTIVITY with packed lunch bag for picnic
- * Return to the Lodge
- * Shower and free time
- * Dinner at the Lodge
- * Evening Gathering

CABÁRCENO PARK / VÍA FERRATA

Our youth will be divided into two groups for those two days. One group does **Via Ferrata** (mountain climbing) and other will visit **Cabárceno Natural Park**. The following day they will switch so that everyone can enjoy both adventure activities.

July 24

RETURN TO MADRID

- * Breakfast at Lodge
- * Room clean-up
- 9:00 h Return to Madrid at private bus
- * Food on the road
- 14:00 h Approximate time of arrival in Madrid

Important note:

ALREADY IN MADRID ... we will ensure that each young person is dropped off where he/she requires.

All costs prior to taking the bus to Cantabria (July 15) as well as after returning to Madrid (July 24) are paid for by each individual. These include travel, food and stay prior to and after the Gathering which are not included in the price of the trip.

SUMMER CAMP

IPA SPAIN in Cantabria 24

July 15th -24th



Summer Camp IPA Cantabria 24

A gathering for young people who want to live a unique experience shared with others that entail 10 days of nature, friends, laughter and adventure. An international gathering located in Northern Spain, Cantabria. A place full of charm and with many opportunities that will make your vacation an unforgettable experience.

60 young people family/friends of police officers: **12-17 years old**

Dates: **July 15th to July 24th**

Accommodation: **Cabárceno Los Nuberos Hostel (Cantabria)**

Price: **985 €** Includes:

- Transfer Madrid Cantabria/ Cantabria Madrid
- All meals
- Lodging for nine nights. Sheets and towels included
- All indicated activities with transfer by private buses
- Two coordinators, two mountain specialists, one nurse and 6 monitors.

Payment deadlines:

April 15: € 350 First Payment
May 15: € 350 Second Payment
June 15: € 285 Third Payment

Account NO: **ES79 2100 2891 9113 0053 8666**

THE ORGANIZATIONAL TEAM:

IPA Spain (Madrid delegation)

secretaria@ipamadrid.es

Secretary: José Miguel Prieto

Coordinators:

Mónica Díaz-Masa

María Juárez

monica.diazmasa@gmail.com

Mountain guides:

Iván Ballesteros

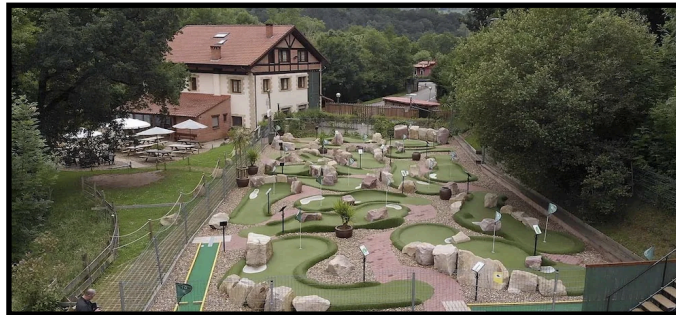
Ignacio Trillo

July 15

15:30 h All the young people meet in Madrid to take the private bus to Cantabria.

20:00 h Arrival at Cabárceno Los Nuberos Hostel (Cantabria)

- * Seetling in and distribution of arrangement rooms
- * Dinner at Lodge
- * Evening Gathering



July 16

BEACH DAY

- * Breakfast at Lodge
- * Beginning the day: Reflection, announcements, ...

10:00 h Leave for the beach:

- * 2-hour SURF class
- * Beach games: volleyball, paddle, frisby, ...
- * Swimming and chill
- * Pic nic on the beach

18:30 h Return to Lodge

- * Shower and free time
- * Dinner at Lodge
- * Evening Ghathering



July 18 and 19

ADVENTURE DAYS

- * Breakfast at the Lodge
- * Beginning the day: Refection, announcements, ...
- * ADVENTURE ACTIVITY with picnic
- * Return at the Lodge
- * Shower and free time
- * Dinner at Lodge
- * Evening Gathering

CANYONING / HORSEBACK RIDING

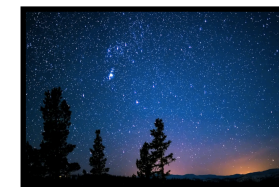
Our youth will be divided into **two groups** for those two days. One group will do a **workshop at the hostel in the morning and in the afternoon they will enjoy a horseback ride through a beautiful beech forest** while the other group goes **canyoning in Vega de Pas**. The following day they switch so that everyone can enjoy both adventure activities.

July 19

HIKING DAY AND BIVOUAC ADVENTURE

- * Breakfast at the Lodge
- * Beginning the day: Reflection, announcements, ...

10:00 h Hiking route with mountain guides (approximately 20 km)



14:00 h Lunch at a typical Cantabrian Restaurant

- * Siesta and chilling in a green area

- * Teams games

17:30 h Continue the route and snack on the way

20:30 h Arrival at the bivouac adventure site for the night

- * Packed bag picnic dinner
- * Stargazing